



SHIFT YOUR THINKING SUMMER READING LIST ~ ARTICLES & BLOGS ~

Inspiring Stories about Learning Differently

- 1 [Knowing yourself and how you learn is powerful](#) with DJ Cunningham
- 2 [We need to evolve our approach and see differences not deficits](#) with Jonathan Mooney
- 3 [How can we create more dyslexic leaders](#) with Will Wheeler

"These students are smart, creative, and capable. However, they think differently, access and process information in an atypical way. That is where opportunity lies"

- David Fink

Technology

- 1 [5 things you should know about technology to support your child with dyslexia + ADHD](#) with Dr. Cunningham
- 2 [Technology is supposed to work for you, not the other way around](#)
- 3 [Technology for learning - love it or loathe it?](#)



Emotions & Learning Differences

- 1 [Social-Emotional Learning - why is it important?](#) with Robin Bacher
- 2 [Emotional Intelligence and kids with ADHD or Dyslexia](#)
- 3 [Emotions and teens with learning differences](#)

"There needs to be a lot more emphasis on what a child can do instead of what they cannot do." - Temple Grandin

Testing & Diagnosis

- 1 [6 tips for the parents whose child was just diagnosed with a learning difference](#)
- 2 [Testing: where do you go and what does it all mean?](#)
- 3 [Your child's report: breaking down executive functioning terms and strategies](#) with Dr. Dogali



Support for Parents

- 1 [We're only human. Confessions of a parenting expert](#) with Julie Lythcott-Haims
- 2 [When worry makes sense: Parenting during a global pandemic](#) with Dr. Huebner
- 3 [Home can offer a safe place](#) with Kim John Payne

Dyslexia

- 1 [The dyslexia journey and the mental health issues that can arise](#) with Kim Beaman Rios
- 2 [What is dyslexia?](#)
- 3 [It's time for a change. It's time for dyslexic people to rise up.](#)



ADHD

- 1 [ADHD and being bored](#)
- 2 [8 Strategies to help your child with ADHD focus at home](#)
- 3 [Does my child have ADHD?](#)

"How we learn has nothing to do with how brilliant we are"
- Henry Winkler

Anxiety

- 1 [Anxiety and learning struggles](#) with Amanda Stern
- 2 [Anxiety: What not to say to your child and what I learned](#)
- 3 [Let's talk about teens with ADHD and anxiety/depression](#)



"If we want a better world, if it's change we want to see, we'll need great minds like yours and others thinking differently" - Brad Montague