Pathways for All

An Educational Resource

5 STEP PROCESS TO UNCOVERING YOUR CHILD'S POTENTIAL

By the end of this session…

You will:

- Brainstorm ideas your child is having difficulties with academically, socially, emotionally.
- Choose one specific item you would like him/her to improve the most in that will impact his/her life.
- Develop a road map to support your child uncover his/her potential.

5 Step Process:

Step 1:

Determine areas your child really needs to improve on in order for him/her to be successful in one of these area:

»Academic

»Social

»Emotional

Step 1:

- Pick one category your child is having difficulty in:
  - »Academic
  - »Social
  - »Emotional
- Brainstorm a list of 5-10 items needs to improve in (e.g., writing skills, reading comprehension, mental math, speaking in full sentences, etc.)
- Pick the one item from the list that is most important to uncover his/her potential.

Step 2:

- Make a list of why this is so important for your child…not you. If he/she mastered this item what will it do for him/her 5 days from now, 5 months from now, 5 years from now? What will be the impact if he/she does not master this item.
- Write a goal based on the item you have chosen for your child to master. For example: Amanda will reduce the number of anxiety attacks to one per month. Amanda will speak in full sentence structure to explain her thinking (e.g., describe a situation, retell a story, tell you how she feels, etc.)

Step 3:

- Make a list of things you can do to help your child achieve this goal.
- Make a list of resources (e.g., teacher, tutor, school, medical and psychological supports/resources) you can access to help you achieve this goal.

Step 4:

List 5 commitments you will follow through on when your leave today:

Example

I will:

1. Make an appointment with my son's/daughters pediatrician.
2. Make an appointment with the school to set up strategies at school that will support my child in meeting this goal.
3. Get help for myself because I don't know how to help my child at home.

Step 5:

Review you commitments and determine if they are effective. Do you see changes in your child?

If not what are you going to do differently?

About Us

- Pathways for All creates new opportunities for parents and children who are facing challenges.
- Our goal is to increase a child's chance of success and to lessen the impact of unique challenges.
- Over 20 years of experience in education.

About Us

- Pathways for All collaborates with parents/children and their team of professionals (e.g., medical doctors, psychologists, speech and language therapists, etc.)

Who We Help

- Pathways for All supports parents who live in Ontario with infants, children, and teenagers in the process of or who have been identified with the following special needs:

  - Mental Health Changes (e.g., Stress, Anxiety, Depression, and Behavioural Issues)
  - Developmental and Learning Disabilities
  - Autism Spectrum Disorder

UNCOVERING YOUR CHILD'S POTENTIAL !

Please fill out the attached form and turn it in to me at the end of our talk TODAY!

Schedule an appointment within the next two weeks for the offer to be valid.

Hanada Kardassopoulos
hanada@pathwaysforall.com
(647) 640-37733

In this complimentary session you will:

- Create a sense of clarity about how you can support your child
- Discover the essential tools you need to advocate for your child
- Determine the #1 thing that is holding you back to support your child
- Identify the most powerful actions that will move you toward supporting your child
- Complete the consultation knowing you are not alone

THANK YOU!!!